

Navigating Uncertainty- Momentum Mastery

Lead with Calm. Decide with Clarity. Thrive in Chaos

Program Overview

Navigating In today's climate of nonstop disruption, entrepreneurs need more than strategy—they need clarity, foresight, and the adaptive capacity to lead when the map no longer exists.

Navigating Uncertainty is a 9-month, neuroscience-based leadership journey that integrates:

- Positive Intelligence (PQ): Build resilience and intercept self-sabotaging habits.
- Conversational Intelligence (C-IQ): Elevate trust and influence through communication.
- VUCA Leadership Framework: Master decision-making in volatile, uncertain, complex, and ambiguous environments.

Every component is customized to your entrepreneurial situation, ensuring it directly addresses your business challenges today and prepares you for tomorrow.



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Why This Program, Why Now?

Entrepreneurs are under unprecedented pressure: shifting markets, unpredictable teams, and economic volatility. The leaders who thrive are those who can:

- Rewire stress responses for clarity and focus.
- Inspire trust and stability through strong communication.
- Make confident, future-ready decisions under pressure.

This program helps you turn uncertainty into a competitive advantage.

Who Is This For?

Entrepreneurs and small business leaders who:

- Feel overwhelmed or exhausted by unpredictable change
- Are scaling and want to maintain well-being and vision
- Need effective leadership tools to influence and retain top talent
- Seek strategic clarity in navigating risks and rapid shifts

Core Benefits Of This Program:

By completing Momentum Mastery, you will:

- Rewire emotional patterns to reduce stress and prevent burnout.
- Master trust-building communication to influence and retain talent.
- Strengthen decision-making agility with scenario planning and foresight tools.
- Build lasting resilience, clarity, and adaptability.
- Increase team engagement and retention by fostering a culture of confidence.
- Gain access to a dedicated portal of customizable tools for business situation simulations.
- Craft a long-term leadership vision aligned with immediate and future business needs.

How You'll Learn

- Live, weekly 1:1 executive coaching sessions (Zoom)
- Daily practice with PQ mobile app

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- Diagnostic toolkit (PQ, C-IQ, VUCA Readiness Scan)
- Reflection journals and customizable leadership planners
- Real-time business challenge simulations
- Scenario-based drills for adaptive decision-making
- Continuous access to curated resource library

What's Included

- Live Weekly executive coaching sessions (9 months)
- Daily PQ app access for mindset training
- Leadership diagnostic toolkit & readiness scans
- Personalized reflection journals and action planners
- Weekly support check-ins (email/text)
- Dedicated portal with customizable simulation tools
- Access to curated resource and case-study library

Instructional Objectives

Participants will:

- Activate their Leadership Clarity Map™
- Develop adaptive strategies to thrive in ambiguity
- Strengthen executive function through mental fitness practices
- Enhance decision-making with risk-mapping and foresight tools
- Foster transparent, trust-based communication across stakeholders
- Integrate continuous learning practices for long-term adaptability

Measurable Learning Outcomes

At completion, participants will be able to:

- Lead decisively, even with incomplete information.

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- Cultivate trust and stability through turbulent periods.
- Identify opportunities hidden within uncertainty.
- Minimize reactive errors with enhanced situational awareness.
- Embed resilience practices into daily leadership.
- Deliver a personalized 90-day contingency and resilience plan.

Course Components 9-Month Journey — Customizable)

1. Leadership Intake & Diagnostic Mapping – Baseline assessment & growth plan.
2. PQ: Mental Fitness Mastery (Weeks 1–6) – Build emotional resilience, focus, and stress agility.
3. C-IQ: Trust & Influence (Weeks 7–12) – Elevate influence and strengthen team trust.
4. VUCA Strategic Agility (Weeks 13–18) – Scenario drills & adaptive decision-making.
5. Integrated Leadership Identity (Weeks 19–24) – Align values, vision, and authentic leadership.
6. Momentum Sprints & Stakeholder Influence (Weeks 25–30) – Real-world simulations & growth labs.
7. Resilience Stack & Systems Anchoring (Weeks 31–36) – Embed sustainable, adaptive habits.
8. Leadership Vision & Legacy Plan (Weeks 37–39) – Create a blueprint for long-term growth and influence.

Effective Communication strategies are woven into every module.

Training Course tuition

- Momentum Mastery (9 Months): \$10,080 (includes tax)

Full payment is required at the start of the program

Although the recommendation is to complete the full 9-month Momentum Mastery journey for optimum results, participants have the option to choose from 3-month, 6-month, or 9-month versions of the program to best fit their needs and circumstances.